

NORTH STAR

Monthly Publication
March 2014

Welcome to 2014: we're going the distance



I'm Freer Hall ("Randy" to most) and I was fortunate enough to be elected president of the North Columbus Jaycees. I am looking forward to an exciting year of doing and learning.



I have asked each of my officers to articulate what it is they hope to contribute or gain from being a board member this year. For me, it's a chance to flex some long unused muscles managing and encouraging a diverse group of people and to help them help themselves and their community. I aim to hone my organizational skills by putting myself in the middle of the fray and polish the NCJC back to its former luster.



I also want to help others reach their full potential while pushing my own. I know each member is here for a reason; everyone wants to learn something or help someone or just plain be involved. The chapter is here to facilitate that, and as president I hope to be the driving force that keeps us on track to satisfy everyone's desire to improve. My door is always open, though sometimes that door leads straight to voice mail. Leave me a message and I'll call you back as soon as possible. I want to hear about everything from everyone, so don't be shy!

We had a lot of fun last year, made some great strides, met some great new members and won some pretty stellar awards. Here's to another great year as a Jaycee!

Freer Hall
Chapter President 2014

Asian Festival

2014 marks the 20th year for the Asian Festival here in Columbus and the North Columbus Jaycees are happy to be a sponsor of the festival and to be working with the volunteer committee to help ensure a smooth festival. We would like to invite everyone out to the festival this year to enjoy the displays, entertainment, and in my opinion the best part of the festival: the food. Our chapter will be volunteering to help with everything from parking to stage performances. This festival is held the Friday, Saturday, and Sunday of Memorial Day weekend at Franklin Park. We hope to see you there!

Greg Thirtyacre III
Chairman of the Board 2014

MAY 24-25 2014

MEMORIAL DAY WEEKEND // 10AM-9PM

FREE EVENT, FREE PARKING & SHUTTLE from parking lot
Mark your calendar now for culture exhibits and demonstrations, entertainment, food, games, market place, career fair and more!



Shrek - The Musical

Recently our chapter has decided to sponsor the Pleasure Guild of Nationwide Children's Hospital. The Pleasure Guild is a great organization that makes it their job to raise funds for the hospital. They are comprised of local women who all volunteer their time. Their roots can be seen all the way back to the opening of the hospital. Their efforts benefit the only Hospice and Palliative Care Program in central Ohio. They raise money by putting on many functions, most notably a musical. The Pleasure Guild has been doing this for over 50 years. This year for their 57th show, the Pleasure Guild has chosen "Shrek the Musical". We have decided to put an ad in their playbill, which will give our chapter plenty of exposure.



Shrek the Musical will be running March 7th through the 9th, at the Palace Theater. Showtime's are as follows:

March 7th - 7pm.

March 8th - 2pm. & 7pm.

March 9th - 2pm.

Tickets can be purchased via Ticketmaster, or by calling the local CAPA box office. NCJC members receive a discount to save \$3.00 using the code "DONKEY".

For more info please go to the Pleasure Guild website: pleasureguild.org/shrek

Bryce Jans

Internal Vice President 2014

Housing Corporation membership & elections

The North Columbus Jaycee Housing Corporations are a great way to learn about the goings-on of a live corporation. There are three in total – membership to them is free and open to any member in good standing of the NCJC. Membership gives you a voice in electing new housing board members, and allows you to attend meetings, observing and participating in an honest-to-goodness housing corporation responsible for the well-being of hundreds of residents.

Anyone who's a member may then run for a three-year team for any open board position. There's a lot of prestige involved in being a board member, but also a commitment and responsibility to those the board serves. If you're interested in finding out more, attend our meeting March 4th, which will be immediately followed by the housing board meeting and elections.

Freer Hall - President 2014



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"INSTEAD
of wondering when
your next vacation is,
maybe you should set
up a life you don't
need to escape
from."

Beth Gordon

Having a Vision (and maintaining it)

"Sometimes you'll find that happiness finds you when you least expect it"

What exactly is happiness? What is it for you?

- Individualism
- Peace within ones self
- Self-assurance
- Originality
- Fulfillment
- Freedom
- Making a difference



I like the following definition: The secret of happiness depends on a strong inner self that no exterior circumstances or hardship can ruin. A happiness that everybody can achieve and that's not dependent on wealth or achievements.

Martin Seligman, one of the leading researchers of positive psychology and author of "Authentic Happiness", describes happiness as having three parts: pleasure, engagement, and meaning. Pleasure is the "feel good" part of happiness. Engagement refers to living a "good life" of work, family, friends, and hobbies. Meaning refers to using our strengths to contribute to a greater purpose. Seligman says that all 3 are important, but that of the three, engagement and meaning make the most difference to living a happy life.

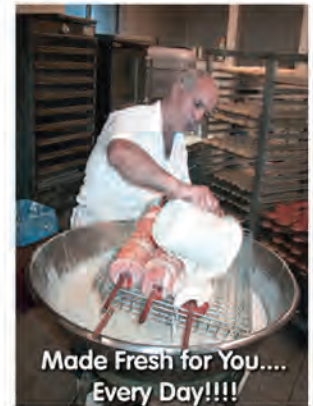
The best way to know what happiness means to you is by making it 3 dimensional. The answer is to create a vision board. I first started creating visionboards in 2005 just before graduating high school. I know creating these things tend to see a bit juvenile but after watching the Lifemakeover series on Oprah, it really has helped me figure out what I wanted to do with regards to college and career choices at that time.

To me, vision boards can be used for two purposes; one is to attract what we want in life by pasting images that represent our desire and work as tool for our positive focus and affirmation of these. However after using them for a long time, it is easy to either become impatient or choose words and pictures that "looks good" but might not be completely aligned with our heart's longing, letting only our Egos state what it wants.

Thus the other purpose of making visionboards is allowing ourselves to not determine beforehand what we want to see or seek to find when we do the collages, but to get into a zone of childlike wonder and discovery of our hidden potential as well as suppressed needs. By just browsing through a variety of magazines and letting our intuition and heart speak for us in choosing what appeals to us without any judgment or discernment, when we paste it all together we truly want will emerge on the paper. This can be anything from a need for more fruit and sleep, spending time with

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Having a Vision (continued...)

family or allowing ourselves to go after a dream as well as areas of healing such as craving more safety.

Interestingly enough, the stronger we become in developing a positive affirmative mindset, we seem to attract not only what the images represent symbolically but literally as well, whether it be a green agenda in the bookstore or similar furniture to the ones we have cut out images of.

If you have things in your life that you do not like but cannot change right now, try this approach. Life is a lot more fun when you are content, happy and fulfilled and it feels so much better to be grateful for what you have, than to complain about what you don't have.

Bring more fun into life and create the life of your dreams by making a vision board. It's an effective tool to help you visualize your dreams and goals and it family or allowing ourselves to go after a dream as well as areas of healing such as craving more safety.

Karissa Shablesky
External Vice President 2014

What's going on here?

We already have some exciting projects lined up, and it would be even better if we knew what it is that motivates each of our members. Perhaps you don't even know yourself what it is that you really want to do yet – that's alright, we have some suggestions!

If you see something say something – is something broken? We'll fix it! Safety hazard? Safety restored! You've come across someone who's truly in need? We truly need to help them! The NCJC is a platform to accomplish anything. So if you find yourself walking down the street one day and see something that doesn't seem quite right, contact a board member! We'll show you how to organize, fund and run a project to accomplish any goal, and we'll help you finish it too.

We grow when you grow.
Freer Hall - Chapter President 2014

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State of the State

The weekend of February 8th, the chapter attended the Ohio Jaycees All-State. On Saturday morning the state presented its Local Officers Training School. We were represented by four of our current officers. A special thank you to Freer Hall, Elizabeth Pagano and Gregory Thirtyacre III for representing our chapter at this important event.

Coming up on March 1st, the Portsmouth Jaycees will be holding their 75th Anniversary Celebration, from 1PM to 4PM. Members from our chapter will be attending - if you would like to go, please let me know and we will make arrangements with you.

Noah Walsh
State Director 2014



Benefits of Membership

I expect to learn leadership skills while working to better the Columbus community from being a Jaycee member. I am also gaining professional experience with my career goal of becoming a CPA, by being active on the board as this year's treasurer.

One of my favorite projects, our annual Easter Egg Hunt, is coming soon, where we have a safe, free, and fun environment for children to participate in this Easter tradition. With a budget of only \$500 we will hold three egg hunts (broken into three different age groups), serve free lunch, play outdoor activities and have a visit with the Easter Bunny. This year we are exploring the possibility of using a different park, so if you want to bring this tradition closer to your home, please let me know, I am open to all suggestions.

Elizabeth Pagano
Treasurer 2014

Clintonville Drive Thru

Official sponsor of Jaycee fun!

2491 N High Street, Columbus

State & Regional Awards

Passport to Leadership:

1st Degree:

Joseph OrsBon
Greg Moyer
James McClaskey

2nd Degree

Bryce Jans
Karissa Shablesky
Sarah Takieddine

4th Degree

Freer Hall
Greg Thirtyacre III
Noah Walsh
Elizabeth Pagano
Lauren Ziolkowski

Fourth Quarter Awards

Outstanding Local Website
#1 Chapter in Membership
#3 Chapter Overall

Year-End Awards

State Director of the Year - Kevin Kowalsky
Outstanding Local Website
#2 Chapter in Membership
#3 Chapter Overall

MVP's of the Year

Gregory Thirtyacre III
Noah Walsh

Thank you to everyone who participated in chapter events last year! We're on track to have another great year here in North Columbus, but we need your help - not only your participation, but your ideas. We need to know what it is that drives *you*. Talk to a board member today about your dream project - we're here to help you go the distance!