

## The

# North Star

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# President's Report

Fellow Jaycees,

August is here and the end of summer is right around the corner. I hope everyone has had a great summer. This August brings one of my favorite times, the Olympics. I have followed and became interested in them after carrying the Olympic Torch for the 2002 winter games in Salt Lake City. It was such an honor to have been chosen. Come out to the meeting on August 19<sup>th</sup> to get a look at an Official Olympic Torch.

Also this month we will be attending the Ohio Jaycees All-State. Our Chapter will be well represented and we will be hosting a party on Saturday night. Hope to see everyone there.

The Junior Jaycees will be very active also. They have a movie night planned for August  $5^{\rm th}$  and an Ice Cream Social for the  $19^{\rm th}$ . In September they will have a Back to School Celebration and Tie Dyed 2. Way to go Junior Jaycees!

We will start September off with Flags on High. Flags will go up for the Labor Day and Patriots Day holidays. Also we will have our annual Pig Roast on September  $6^{\rm th}$ . This year it will be held at Jaycee Village. Set-up and cooking will start on Friday night with the actual event to be at 1pm the following day. Thanks to John Skaggs and Brent Shaw for chairing this.

As you can see we have many things to get involved with. Now would be a great time to ask that person to join. Bring them in and get then involved. I hope to see all of you at an upcoming meeting or project and don't forget to bring a friend! Please feel free to contact me with any questions at (614) 268-6161.

Kevin Kowalsky 2008 President

"Attitude Makes a Difference"



# Individual and Business Development News!

Individual development of oneself is vital to becoming a better and more rounded person. Jaycees offers many opportunities for you to work on this development. One way to better yourself is by participating in Speak-up and Write-up. Speak-up is basically getting in front of the chapter and giving a speech. Your speech could be as simple as giving a report to the chapter or as complex as rehearsing a speech for a state competition. What type of speech is not as important as the process of actually speaking in front of an audience? By becoming better at public speaking, you grow as an individual and the only way to do this is to speak in front of people. We offered a challenge for June, July and the first meeting in August that if you gave a Speak-up speech your name was put in a hat to win a gas card. So far, no one has stepped up to this challenge. Give the Individual Development Vice President (Greg Davis) a call at 614-301-3687 to sign up for Speak-up. All that is required is that you speak for at least 4 minutes on any subject you like and you We now have a vending machine for the could take home a gas card. Jaycee Village. This vending machine is operated by the Chapter and has been in place for about a month. We are using this machine to teach our members about managing money, ordering supplies and other general business practices. Any proceeds are put back into the chapter and used for education or for competitors at the All State and National Conferences.

Greg Davis
Internal Vice President



# **Junior Jaycee News**

### **July Activities**

#### **BBQ Night at the Village**

Burgers and Dogs and a whole lot more was enjoyed by the chapter as well as the Junior Jaycees during the July 1st meeting. After Brent cooked for everyone and they had their fill relay races were enjoyed by the kids. An old fashioned egg race, three legged race and a dizzy blindfold race was followed up by a water balloon fight. Thanks to everyone who contributed to the evening's success.

#### Little Fish, Little Fish where are you?

We can tell you all the little sucker fish were at Hoover Damn on July 11th at the second annual Night Fishing Outing. We did a great job feeding the fish (our bait!) but a poor job of actually catching them. But that didn't keep the unlucky 15 fishermen from trying. We fished from 7 PM to 1 AM with only one casualty with a sharp fish hook. Oddly enough all the kids ended up in the water before it was all over?

The kids had a great time and didn't want to leave - guess that's a sign of a good project! Thanks to you fisherman for your enthusiasm!

#### Movie Screening at the Continent

What movie will be screened at this years outing at the Continent? We will have to let the suspense build until August 5 to find out when the Junior Jaycees have an outing at the movies. Calls will be made prior to August 5th setting the time and the movie.

#### I Scream/You Scream

We all scream for ice cream..... On August 19th, the Juniors will be making ice cream and sundaes celebrating a favorite treat. We will learn facts about the cold concoction and enjoy one of the simple things about summer.

#### **Upcoming Junior Jaycee Events:**

August 5<sup>th</sup>, At the Movies at the Screens August 19<sup>th</sup>, Ice Cream Social at the Village September 2<sup>nd</sup>, Back To School Celebration at the Village September 16<sup>th</sup>, Tie Dyed 2 at the Village

If you have any guestions, there is information on the website for the upcoming events or you can call 476-0537!

# **Pig Roast**

This year's Pig Roast will be on Saturday, September 6 from 1-4pm at Jaycee Village, 5905 Beechcroft Rd, Columbus Ohio 43229. We will start cooking Friday night at 6pm and cook throughout the night. Brats and beer will be provided for those who want to help cook and set up tables Friday night. We plan to provide more in the way of side dishes this year. We will be passing out Flyers on Thursday, August 14 at both Jaycee Arms and Jaycee Village, starting at 7:00 at JCV. We will need lots of help on Saturday with serving and clean up. If you can come and help either (or both) day(s), please call Brent Shaw (614-987-5441) or John Skaggs (614-846-7330 H, 614-371-9346 C)

John Skaggs Pig Roast Project Co-Chair

# Flags on High

Hello everyone! We are at the end of another summer season, and another Flags on High season! Flags on High, is one of our chapter's oldest ongoing projects, and involves hanging flags on the section of High street that runs through Clintonville.

I'd like to thank everyone who turned out to help with putting flags up for the holiday's - The Shaw's, the Eason's, Mike Wanchick, Connie and Elisa Skaggs, and Clara Hernandez, and Steve Kowalsky for coming along as our official photographer. Channel 10 even came out to see what we were up to!

We will put the flags up for Labor Day on August 26<sup>th.</sup>. Weather permitting; flags will come down after Patriots Day. Flags will go up again for Veteran's Day November 11<sup>th.</sup>..

Please come out and help us with this patriotic project!

John Skaggs Project Chair 614-846-7330 Improving Performance &Results, Inc.

# Leadership Insights

Making a Difference
"Bringing out the best in yourself and others"



by Rex C. Houze

Have you noticed that most people think they are better communicators than they really are? As a result, deadlines are missed, productivity suffers, mistakes are made, feelings get hurt, tempers flare, customers leave, and profits sag.

With more messages than ever before flying at us from all directions, even being a good communicator isn't good enough these days. The gap between being a good communicator and being a great communicator can be huge. How would your business and life be better if you and everyone you interacted with improved their communication from good to great?

Effective communication is more than keeping people informed; it requires that people respond to your ideas, direction, and leadership. People respond to us by how we look (our demeanor and expression more than our physical appearance), how we act, what we say, and how we say it. The good news is we have total control over how we look, how we act, what we say, and how we say it. That means we have total control over our side of any communication. Since people respond to these four factors, and we have total control over them, the better we communicate the better chance we have of getting people to respond to our ideas, direction, and leadership. Listed below are seven ways you can improve your communication ability:

- 1. Choose your words and phrasing carefully (what you say). Words are powerful. They can build up or tear down; encourage or discourage; clarify or confuse; motivate or de-motivate. Choose simple, easy to understand words that clarify, build up, encourage and motivate. Instead of "should have" (judgmental), say "next time;" instead of "have to" (parental) say, "get to" or "it's important...;" instead of "always" or "never" use specific occurrences. Phrases such as "I believe in you," "I appreciate you," "tell me about it," and "thank you" are powerful and get people to respond to you in a positive manner.
- Choose tone and inflection carefully (how you say it), "WHAT.... WERE... YOU... THINKING!?" will
  illicit a different response than "What happened?" or "Tell me about it." Tone and inflection can help you emphasize
  key points. Improper use can also trigger negative emotions. People will remember how you made them feel (positive
  or negative) long after they forget the words you used.
- 3. Choose facial expressions and body language that are congruent with your message (how you look and how you act). People will put credence in what they see over what they hear. Make eye contact. Stay in the moment (avoid looking at your watch, checking your pda, or otherwise disrespecting the other person). Avoid posture or gestures that might indicate you'd rather be somewhere else.
- 4. Choose to listen purposely and actively with your eyes as well as your ears. Eliminate or reduce distractions, take notes, ask questions, paraphrase for understanding, and do anything else to insure you fully understand what the other person is saying, needs, and means. Listen to word choice, phrasing, and what the person is not saying as well as what he or she is saying. Your eyes can help by reading facial expressions and body language. My granddaughter (who is three) can read facial expressions and body language and she's never attended a body language course. If she can do it, you can too.
- Choose to communicate with integrity. I believe the truth will find you out and if you haven't been truthful your credibility will be damaged. Besides, it is easier to tell the truth because you don't have to remember what you said. When you communicate with integrity, you will feel better about yourself and be more effective in every area of your business and life.
- Choose to be a positive, enthusiastic communicator. Positive, enthusiastic people attract people and negative, dull people have a tendency to repel people. Choose to be the former.
- 7. Choose to ask better questions to get better answers. When you are clear on your goal for a given communication, situation, or person, you will have a tendency to ask better questions and get better answers. Plan your questions in advance and/or have an arsenal of questions that you've found to be effective in given situations.

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#58

The North Columbus Junior Chamber is a chapter of Junior Chamber International (JCI), a worldwide federation of young Leaders and Entrepreneurs. We have over 200,000 members in over 130 countries worldwide. Since 1920 the Junior Chamber has been developing worldwide Leaders and Entrepreneurs and since 1963 the North Columbus Junior Chamber has been developing leaders in the Columbus Area. We have a proven system of Leadership Training that can benefit YOU! Meetings are held the first and third Tuesdays of the month at the Jaycee Village Community Room. Below is our creed which was written by C. William Brownfield in Columbus, Ohio. This creed is recited worldwide at JCI meetings and events!

JCI (Jaycee) Creed - C. William Brownfield, Author

#### We Believe:

That faith in God gives meaning and purpose to human life,
That the brotherhood of man transcends the sovereignty of nations,
That economic justice can best be won by free men through free enterprise,
That government should be of laws rather than of men,
That earth's great treasure lies in human personality, and
That service to humanity is the best work of life!

#### Our Officers:

Kevin Kowalsky - President Greg Davis - Internal Vice President Brent Shaw - External Vice President Open - State Director Kym Shaw - Treasurer Scott Kucinski - Secretary

North Columbus Junior Chamber

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